



Commonly Abused Drugs

Most drugs of abuse can alter a person's thinking and judgment, leading to health risks, including addiction, drugged driving, and infectious disease. Most drugs could potentially harm an unborn baby; pregnancy-related issues are listed in the chart below for drugs where there is enough scientific evidence to connect the drug use to specific negative effects.

For information about treatment options for drug addiction, see <u>NIDA's Treatment pages</u>. For drug use trends, see our <u>Trends and Statistics page</u>.

The following drugs are included in this resource:

- Alcohol
- Ayahuasca
- Cocaine
- ➤ DMT
- ➢ GHB
- Hallucinogens
- > Heroin
- Inhalants
- Ketamine
- Khat
- Kratom
- ➤ LSD
- Marijuana (Cannabis)
- MDMA (Ecstasy/Molly)
- Mescaline (Peyote)

- Methamphetamine
- Over-the-counter Cough/Cold Medicines (Dextromethorphan or DXM)
- ▶ PCP
- Prescription Opioids
- Prescription Sedatives (Tranquilizers, Depressants)
- Prescription Stimulants
- Psilocybin
- Rohypnol® (Flunitrazepam)
- Salvia
- Steroids (Anabolic)
- Synthetic Cannabinoids
- Synthetic Cathinones ("Bath Salts")
- Tobacco

Alcohol

People drink to socialize, celebrate, and relax. Alcohol often has a strong effect on people—and throughout history, people have struggled to understand and manage alcohol's power. Why does alcohol cause people to act and feel differently? How much is too much? Why do some people become addicted while others do not? The National Institute on Alcohol Abuse and Alcoholism is researching the answers to these and many other questions about alcohol. Here's what is known:

Alcohol's effects vary from person to person, depending on a variety of factors, including:

- How much you drink
- How often you drink
- Your age

- Your health status
- Your family history

While drinking alcohol is itself not necessarily a problem—<u>drinking too much</u> can cause a range of consequences, and increase your risk for a variety of problems. For more information on alcohol's effects on the body, please see the <u>National Institute on Alcohol Abuse and Alcoholism's</u> related web page describing <u>alcohol's effects on the body</u>.

^{**}The Drug Enforcement Agency (DEA) schedule indicates the drug's acceptable medical use and its potential for abuse or dependence. More information can be found on the <u>DEA website</u>.

Ayahuasca

A hallucinogenic tea made in the Amazon from a DMT-containing plant (*Psychotria viridis* or *Diplopterys cabrerana* or other) along with another vine (*Banisteriopsis caapi*) that contains an MAO Inhibitor preventing the natural breakdown of DMT in the digestive system, thereby facilitating a prolonged hallucinatory experience. It was used historically in Amazonian religious and healing rituals and is increasingly used by tourists. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Aya, Yagé, Hoasca	No commercial uses	Brewed as tea	Swallowed as tea	DMT is Schedule I, but plants containing it are not controlled	
	Po	ssible Health Effects			
Short-term	Strong hallucinations including perceptions of otherworldly imagery, altered visual and auditory perceptions; increased blood pressure; vomiting.				
Long-term	Unknown.				
Other Health-related Issues	Unknown.				
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Unknown.				
Treatment Options					
Medications	It is not known whether ayahuasca is addictive. There are no FDA-approved medications to treat addiction to ayahuasca or other hallucinogens.				
Behavioral Therapies	More research is needed to find out if ayahuasca is addictive and, if so, whether behavioral therapies are effective.				

Cocaine

A powerfully addictive stimulant drug made from the leaves of the coca plant native to South America. For more information, see the <u>Cocaine Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Blow, Bump, C, Candy, Charlie, Coke, Crack, Flake, Rock, Snow, Toot	Cocaine hydrochloride topical solution (anesthetic rarely used in medical procedures)	White powder, whitish rock crystal	Snorted, smoked, injected	II

	Possible Health Effects				
Short-term	Narrowed blood vessels; enlarged pupils; increased body temperature, heart rate, and blood pressure; headache; abdominal pain and nausea; euphoria; increased energy, alertness; insomnia, restlessness; anxiety; erratic and violent behavior, panic attacks, paranoia, psychosis; heart rhythm problems, heart attack; stroke, seizure, coma.				
Long-term	Loss of sense of smell, nosebleeds, nasal damage and trouble swallowing from snorting; infection and death of bowel tissue from decreased blood flow; poor nutrition and weight loss from decreased appetite.				
Other Health-related Issues	Pregnancy: premature delivery, low birth weight, neonatal abstinence syndrome. Risk of HIV, hepatitis, and other infectious diseases from shared needles.				
In Combination with Alcohol	Greater risk of overdose and sudden death than from either drug alone.				
Withdrawal Symptoms	Depression, tiredness, increased appetite, insomnia, vivid unpleasant dreams, slowed thinking and movement, restlessness.				
	Treatment Options				
Medications	There are no FDA-approved medications to treat cocaine addiction.				
Behavioral Therapies	 Cognitive-behavioral therapy (CBT) Community reinforcement approach plus vouchers Contingency management, or motivational incentives The matrix model 12-Step facilitation therapy 				

DMT

A synthetic drug producing intense but relatively short-lived hallucinogenic experiences; also naturally occurring in some South American plants (See Ayahuasca). For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule		
DMT, Dimitri	No commercial uses	White or yellow crystalline powder	Smoked, injected	I		
	Po	ossible Health Effects	·			
Short-term	Intense visual hallucinations, depersonalization, auditory distortions, and an altered perception of time and body image, usually resolving in 30-45 minutes or less. Physical effects include hypertension, increased heart rate, agitation, seizures, dilated pupils, involuntary rapid eye movements, dizziness, incoordination.					
Long-term	Unknown	Unknown				
Other Health-related Issues	At high doses, coma and respiratory arrest have occurred.					
In Combination with Alcohol	Unknown.					
Withdrawal Symptoms	Unknown.					
		Treatment Options				
Medications	It is not known whether DMT is addictive. There are no FDA-approved medications to treat addiction to DMT or other hallucinogens.					
Behavioral Therapies	More research is needed to find out if DMT is addictive and, if so, whether behavioral therapies are effective.					

GHB							
A depressant approved	A depressant approved for use in the treatment of narcolepsy, a disorder that causes daytime "sleep attacks."						
Street Names	Commercial Names	Commercial Names Common Forms Common DEA Ways Sched					
G, Georgia Home Boy,	Gamma-	Colorless liquid, white	Swallowed (often	I			
Goop, Grievous Bodily	hydroxybutyrate	powder	combined with				
Harm, Liquid Ecstasy,	or sodium oxybate		alcohol or				
Liquid X. Soap. Scoop	(Xvrem®)		other				
		Possible Health					
Short-term	Euphoria, drowsiness, decreased anxiety, confusion, memory loss, hallucinations, excited and aggressive behavior, nausea, vomiting, unconsciousness, seizures, slowed heart rate and						
Long-term	Unknown.						
Other Health-related Issues	Sometimes used as a date rape drug.						
In Combination with Alcohol	Nausea, problems with breathing, greatly increased depressant effects.						
Withdrawal	Insomnia, anxiety, tremo	ors, sweating, increased heart ra	te and blood pressure, p	sychotic			
Symptoms	thoughts.						
Treatment							
Medications	Benzodiazepines						
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat GHB addiction.						

Hallucinogens

Drugs that cause profound distortions in a person's perceptions of reality, such as ketamine, LSD, mescaline (peyote), PCP, psilocybin, salvia, DMT, and ayahuasca. For more information, see the Hallucinogens and Dissociative Drugs Research Report.

Heroin

An opioid drug made from morphine, a natural substance extracted from the seed pod of the Asian opium poppy plant. For more information, see the <u>Heroin Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Brown sugar, China White, Dope, H, Horse, Junk, Skag, Skunk, Smack, White Horse With OTC cold medicine and antihistamine: Cheese	No commercial uses	White or brownish powder, or black sticky substance known as "black tar heroin"	Injected, smoked, snorted	I

	Possible Health Effects				
Short-term	Euphoria; warm flushing of skin; dry mouth; heavy feeling in the hands and feet; clouded thinking; alternate wakeful and drowsy states; itching; nausea; vomiting; slowed breathing and heart rate.				
Long-term	Collapsed veins; abscesses (swollen tissue with pus); infection of the lining and valves in the heart; constipation and stomach cramps; liver or kidney disease; pneumonia.				
Other Health-related Issues	Pregnancy: miscarriage, low birth weight, neonatal abstinence syndrome. Risk of HIV, hepatitis, and other infectious diseases from shared needles.				
In Combination with Alcohol	Dangerous slowdown of heart rate and breathing, coma, death.				
Withdrawal Symptoms	Restlessness, muscle and bone pain, insomnia, diarrhea, vomiting, cold flashes with goose bumps ("cold turkey"), leg movements.				
	Treatment Options				
Medications	 Methadone Buprenorphine Naltrexone (short- and long-acting forms) 				
Behavioral Therapies	 Contingency management, or motivational incentives 12-Step facilitation therapy 				

Inhalants

Solvents, aerosols, and gases found in household products such as spray paints, markers, glues, and cleaning fluids; also nitrites (e.g., amyl nitrite), which are prescription medications for chest pain. For more information, see the Inhalants Research Report.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Poppers, snappers, whippets, laughing gas	Various	Paint thinners or removers, degreasers, dry-cleaning fluids, gasoline, lighter fluids, correction fluids, permanent markers, electronics cleaners and freeze sprays, glue, spray paint, hair or deodorant sprays, fabric protector sprays, aerosol computer cleaning products, vegetable oil sprays, butane lighters, propane tanks, whipped cream aerosol containers, refrigerant gases, ether, chloroform, halothane, nitrous oxide	Inhaled through the nose or mouth	Not scheduled

	Possible Health Effects			
Short-term	Confusion; nausea; slurred speech; lack of coordination; euphoria; dizziness; drowsiness; disinhibition, lightheadedness, hallucinations/delusions; headaches; sudden sniffing death due to heart failure (from butane, propane, and other chemicals in aerosols); death from asphyxiation, suffocation, convulsions or seizures, coma, or choking. Nitrites: enlarged blood vessels, enhanced sexual pleasure, increased heart rate, brief sensation of heat and excitement, dizziness, headache.			
Long-term	Liver and kidney damage; bone marrow damage; limb spasms due to nerve damage; brain damage from lack of oxygen that can cause problems with thinking, movement, vision, and hearing. Nitrites: increased risk of pneumonia.			
Other Health-related Issues	Pregnancy: low birth weight, bone problems, delayed behavioral development due to brain problems, altered metabolism and body composition.			
In Combination with Alcohol	Nitrites: dangerously low blood pressure.			
Withdrawal Symptoms	Nausea, loss of appetite, sweating, tics, problems sleeping, and mood changes.			
Treatment Options				
Medications	There are no FDA-approved medications to treat inhalant addiction.			
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat inhalant addiction.			

Ketamine

A dissociative drug used as an anesthetic in veterinary practice. Dissociative drugs are hallucinogens that cause the user to feel detached from reality. For more information, see the Hallucinogens and Dissociative Drugs Research Report.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA		
				Schedule		
Cat Valium, K, Special K, Vitamin K	Ketalar®	Liquid, white powder	Injected, snorted, smoked (powder added to tobacco or marijuana cigarettes), swallowed	III		
	Possible Health Effects					
Short-term	confusion and problems	Problems with attention, learning, and memory; dreamlike states, hallucinations; sedation; confusion and problems speaking; loss of memory; problems moving, to the point of being immobile; raised blood pressure; unconsciousness; slowed breathing that can lead to				
Long-term	Ulcers and pain in the bladder; kidney problems; stomach pain; depression; poor memory.					
Other Health-related Issues	Sometimes used as a date rape drug. Risk of HIV, hepatitis, and other infectious diseases from shared needles.					
In Combination with Alcohol	Increased risk of adverse effects.					
Withdrawal Symptoms	Unknown.					

Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to ketamine or other dissociative drugs.			
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat addiction to dissociative drugs.			

Khat

Pronounced "cot," a shrub (*Catha edulis*) found in East Africa and southern Arabia; contains the psychoactive chemicals cathinone and cathine. People from African and Arabian regions (up to an estimated 20 million worldwide) have used khat for centuries as part of cultural tradition and for its stimulant-like effects.

Street Names	Commercial Names	Common Forms	Common Ways	DEA	
			Taken	Schedule	
Abyssinian Tea, African	No commercial uses	Fresh or dried leaves	Chewed, brewed	Cathinone is	
Salad, Catha, Chat, Kat,			as tea	a Schedule I	
Oat				drug, making	
				khat use	
				illegal, but	
				the khat	
				plant is not	
				controlled	
	Po	ossible Health Effects			
Short-term	Euphoria, increased aler	tness and arousal, increased blo	od pressure and heart	rate,	
	depression, inability to concentrate, irritability, loss of appetite, insomnia.				
Long-term	Tooth decay and gum dis	sease; gastrointestinal disorders	such as constipation,	ulcers,	
	stomach inflammation, and increased risk of upper gastrointestinal tumors; cardiovascular				
	disorders such as irregular heartbeat, decreased blood flow, and heart attack.				
Other Health-related	In rare cases associated with heavy use: psychotic reactions such as fear, anxiety, grandiose				
Issues	delusions (fantastical be	liefs that one has superior qualit	ies such as fame, pow	er, and	
	wealth), hallucinations, and paranoia.				
In Combination with	Unknown.				
Alcohol					
Withdrawal	Depression, nightmares,	trembling, and lack of energy.			
Symptoms					
Treatment Options					
Medications	It is not known whether khat is addictive. There are no FDA-approved medications to treat				
	addiction to khat.				
Behavioral Therapies	More research is needed to find out if khat is addictive and, if so, whether behavioral				
	therapies are effective.				

Kratom

A tropical deciduous tree (*Mitragyna speciosa*) native to Southeast Asia, with leaves that contain mitragynine, a psychoactive (mind-altering) opioid. Kratom is consumed for mood-lifting effects and pain relief and as an aphrodisiac. For more information, see the <u>Kratom DrugFacts</u>.

Street Names		Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Herbal Speedball, Biak-k	oiak,	None	Fresh or dried leaves,	Chewed (whole leaves);	Not	
Ketum, Kahuam, Ithang,			powder, liquid, gum	eaten (mixed in food or	scheduled	
Thom				brewed as tea);		
				occasionally smoked		
		Possib	ole Health Effects			
Short-term	Sens	sitivity to sunburn, nause	ea, itching, sweating, dry	mouth, constipation, increa	sed	
		urination, loss of appetite.				
		doses: increased energy	• • • • • • • • • • • • • • • • • • • •			
	High	doses: sedation, euphor	ria, decreased pain.			
Long-term	Ano	rexia, weight loss, insom	nia, skin darkening, dry n	nouth, frequent urination, o	constipation.	
	Hall	Hallucination and paranoia with long-term use at high doses.				
Other Health-related	Unk	nown.				
Issues						
In Combination with	Unk	nown.				
Alcohol						
Withdrawal	Mus	cle aches, insomnia, irrit	ability, hostility, aggressi	on, emotional changes, run	ny nose,	
Symptoms	jerky movements.					
		Trea	tment Options			
Medications	No clinical trials have been conducted on medications for kratom addiction.					
Behavioral Therapies	Mor	e research is needed to f	find out if behavioral the	rapies can be used to treat a	addiction to	
	krat	om.				

LSD

A hallucinogen manufactured from lysergic acid, which is found in ergot, a fungus that grows on rye and other grains. LSD is an abbreviation of the scientific name *lysergic acid diethylamide*. For more information, see the <u>Hallucinogens</u> and <u>Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Acid, Blotter, Blue Heaven, Cubes, Microdot, Yellow Sunshine	No commercial uses	Tablet; capsule; clear liquid; small, decorated squares of absorbent paper that liquid has been added to	Swallowed, absorbed through mouth tissues (paper squares)	_

	Possible Health Effects					
Short-term	Rapid emotional swings; distortion of a person's ability to recognize reality, think rationally or communicate with others; raised blood pressure, heart rate, body temperature; dizzine and insomnia; loss of appetite; dry mouth; sweating; numbness; weakness; tremors; enlarged pupils.					
Long-term	Frightening flashbacks (called Hallucinogen Persisting Perception Disorder [HPPD]); ongoing visual disturbances, disorganized thinking, paranoia, and mood swings.					
Other Health-related	Unknown.					
Issues						
In Combination with	May decrease the perceived effects of alcohol.					
Alcohol						
Withdrawal	Unknown.					
Symptoms						
	Treatment Options					
Medications	There are no FDA-approved medications to treat addiction to LSD or other hallucinogens.					
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat addiction to hallucinogens.					

Marijuana (Cannabis)

Marijuana is made from the hemp plant, *Cannabis sativa*. The main psychoactive (mind-altering) chemical in marijuana is delta-9-tetrahydrocannabinol, or THC. For more information, see the <u>Marijuana Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Blunt, Bud, Dope, Ganja, Grass, Green, Herb, Joint, Mary Jane, Pot, Reefer, Sinsemilla, Skunk, Smoke, Trees, Weed; Hashish: Boom, Gangster, Hash, Hemp	Various brand names in states where the sale of marijuana is legal	Greenish-gray mixture of dried, shredded leaves, stems, seeds, and/or flowers; resin (hashish) or sticky, black liquid (hash oil)	Smoked, eaten (mixed in food or brewed as tea)	l
	Po	ssible Health Effects		
Short-term	Enhanced sensory perception and euphoria followed by drowsiness/relaxation; slowed reaction time; problems with balance and coordination; increased heart rate and appetite; problems with learning and memory; hallucinations; anxiety; panic attacks; psychosis.			
Long-term	Mental health problems,	chronic cough, frequent resp	oiratory infections.	
Other Health-related Issues	•	points when repeated use by the problems with attention	negins in adolescence. , memory, and problem solvi	ing.
In Combination with Alcohol	Increased heart rate, bloc time.	od pressure; further slowing	of mental processing and rea	action
Withdrawal Symptoms	Irritability, trouble sleepi	ng, decreased appetite, anxid	ety.	
	7	reatment Options		
Medications	There are no FDA-approv	ed medications to treat mar	ijuana addiction.	
Behavioral Therapies	Contingency marMotivational Enh	oral therapy (CBT) nagement, or motivational in ancement Therapy (MET) nents geared to adolescents		

MDMA (Ecstasy/Molly)

A synthetic, psychoactive drug that has similarities to both the stimulant amphetamine and the hallucinogen mescaline. MDMA is an abbreviation of the scientific name *3,4-methylenedioxy-methamphetamine*. For more information, see the MDMA (Ecstasy) Abuse Research Report.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Adam, Clarity, Eve, Lover's Speed, Peace, Uppers	No commercial uses	Colorful tablets with imprinted logos, capsules, powder, liquid	Swallowed, snorted	I	
	Po	ssible Health Effects			
Short-term	Lowered inhibition; enhanced sensory perception; confusion; depression; sleep problems; anxiety; increased heart rate and blood pressure; muscle tension; teeth clenching; nausea; blurred vision; faintness; chills or sweating; sharp rise in body temperature leading to liver, kidney, or heart failure and death.				
Long-term	Long-lasting confusion, depression, problems with attention, memory, and sleep; increased anxiety, impulsiveness, aggression; loss of appetite; less interest in sex.				
Other Health-related Issues	Unknown.				
In Combination with Alcohol	May increase the risk of cell and organ damage.				
Withdrawal Symptoms	Fatigue, loss of appetite, depression, trouble concentrating.				
		Freatment Options			
Medications	There is conflicting evidence about whether MDMA is addictive. There are no FDA-approved medications to treat MDMA addiction.				
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat MDMA addiction.				

Mescaline (Peyote)

A hallucinogen found in disk-shaped "buttons" in the crown of several cacti, including peyote. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Buttons, Cactus, Mesc	No commercial uses	Fresh or dried buttons, capsule	Swallowed (chewed or soaked in water and drunk)	1

	Possible Health Effects				
Short-term	Enhanced perception and feeling; hallucinations; euphoria; anxiety; increased body temperature, heart rate, blood pressure; sweating; problems with movement.				
Long-term	Unknown.				
Other Health-related Issues	Unknown.				
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Unknown.				

Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to mescaline or other hallucinogens.			
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat addiction to hallucinogens.			

Methamphetamine

An extremely addictive stimulant amphetamine drug. For more information, see the <u>Methamphetamine Research</u> <u>Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Crank, Chalk, Crystal, Fire, Glass, Go Fast, Ice, Meth, Speed	Desoxyn [®]	White powder or pill; crystal meth looks like pieces of glass or shiny blue-white "rocks" of different sizes	Swallowed, snorted, smoked, injected	II	
	Po	ossible Health Effects		l	
Short-term	Increased wakefulness and physical activity; decreased appetite; increased breathing, heart rate, blood pressure, temperature; irregular heartbeat.				
Long-term	Anxiety, confusion, insomnia, mood problems, violent behavior, paranoia, hallucinations, delusions, weight loss, severe dental problems ("meth mouth"), intense itching leading to skin sores from scratching.				
Other Health-related Issues	Pregnancy: premature delivery; separation of the placenta from the uterus; low birth weight; lethargy; heart and brain problems.				
	Risk of HIV, hepatitis, and other infectious diseases from shared needles.				
In Combination with Alcohol	Masks the depressant effect of alcohol, increasing risk of alcohol overdose; may increase blood pressure and jitters.				
Withdrawal Symptoms	Depression, anxiety, tiredness.				

Treatment Options					
Medications	There are no FDA-approved medications to treat methamphetamine addiction.				
Behavioral Therapies	Cognitive-behavioral therapy (CBT)				
	Contingency management or motivational incentives				
	The matrix model				
	12-Step facilitation therapy				

Over-the-counter Cough/Cold Medicines (Dextromethorphan or DXM)

Psychoactive when taken in higher-than-recommended amounts. For more information, see the <u>Cough and Cold</u> <u>Medicine Abuse DrugFacts</u>.

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Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule		
Robotripping, Robo, Triple C	Various (many brand names include "DM")	Syrup, capsule	Swallowed	Not scheduled		
	Po	ossible Health Effects				
Short-term	Short-term Euphoria; slurred speech; increased heart rate, blood pressure, temperature; numbness; dizziness; nausea; vomiting; confusion; paranoia; altered visual perceptions; problems with movement; buildup of excess acid in body fluids.					
Long-term	Unknown.					
Other Health-related Issues	Breathing problems, seiz cough/cold medicines.	Breathing problems, seizures, and increased heart rate may occur from other ingredients in cough/cold medicines.				
In Combination with Alcohol	Increased risk of adverse	Increased risk of adverse effects.				
Withdrawal Symptoms	Unknown.					
	•	Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to over-the-counter cough/cold medicines.					
Behavioral Therapies	More research is needed over-the-counter cough/		nerapies can be used to treat a	nddiction to		

PCP

A dissociative drug developed as an intravenous anesthetic that has been discontinued due to serious adverse effects. Dissociative drugs are hallucinogens that cause the user to feel detached from reality. PCP is an abbreviation of the scientific name, *phencyclidine*. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Angel Dust, Boat, Hog, Love Boat, Peace Pill	No commercial uses	White or colored powder, tablet, or capsule; clear liquid	Injected, snorted, swallowed, smoked (powder added to mint, parsley, oregano, or marijuana)	1, 11	

	Possible Health Effects				
Short-term	Delusions, hallucinations, paranoia, problems thinking, a sense of distance from one's environment, anxiety.				
	Low doses: slight increase in breathing rate; increased blood pressure and heart rate; shallow breathing; face redness and sweating; numbness of the hands or feet; problems with movement.				
	High doses: lowered blood pressure, pulse rate, breathing rate; nausea; vomiting; blurred vision; flicking up and down of the eyes; drooling; loss of balance; dizziness; violence; suicidal thoughts; seizures, coma, and death.				
Long-term	Memory loss, problems with speech and thinking, depression, weight loss, anxiety.				
Other Health-related Issues	PCP has been linked to self-injury. Risk of HIV, hepatitis, and other infectious diseases from shared needles.				
In Combination with Alcohol	Increased risk of coma.				
Withdrawal Symptoms	Headaches, sweating.				
	Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to PCP or other dissociative drugs.				
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat addiction to dissociative drugs.				

Prescription Opioids

Pain relievers with an origin similar to that of heroin. Opioids can cause euphoria and are often used nonmedically, leading to overdose deaths. For more information, see the Prescription Drug Abuse Research Report.

Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule
Captain Cody, Cody, Lean, Schoolboy, Sizzurp, Purple Drank	Codeine (various brand names)	Tablet, capsule, liquid	Injected, swallowed (often mixed with soda and flavorings)	II, III, V
With glutethimide: Doors & Fours, Loads, Pancakes and Syrup				
Apache, China Girl, China White, Dance Fever, Friend, Goodfella, Jackpot, Murder 8, Tango and Cash, TNT	Fentanyl (Actiq [®] , Duragesic [®] , Sublimaze [®])	Lozenge, sublingual tablet, film, buccal tablet	Injected, smoked, snorted	II
Vike, Watson-387	Hydrocodone or dihydrocodeinone (Vicodin®, Lortab®, Lorcet®, and others)	Capsule, liquid, tablet	Swallowed, snorted, injected	II

D, Dillies, Footballs, Juice, Smack	Hydromorphone (Dilaudid®)	Liquid, suppository	Injected, rectal	II
Demmies, Pain Killer	Meperidine (Demerol®)	Tablet, liquid	Swallowed, snorted, injected	II
Amidone, Fizzies With MDMA: Chocolate Chip Cookies	Methadone (Dolophine®, Methadose®)	Tablet, dispersible tablet, liquid	Swallowed, injected	II
M, Miss Emma, Monkey, White Stuff	Morphine (Duramorph®, Roxanol®)	Tablet, liquid, capsule, suppository	Injected, swallowed, smoked	11, 111
O.C., Oxycet, Oxycotton, Oxy, Hillbilly Heroin, Percs	Oxycodone (OxyContin®, Percodan®, Percocet®, and others)	Capsule, liquid, tablet	Swallowed, snorted, injected	II
Biscuits, Blue Heaven, Blues, Mrs. O, O Bomb, Octagons, Stop Signs	Oxymorphone (Opana®)	Tablet	Swallowed, snorted, injected	II
	Pe	ossible Health Effects		
Short-term	Pain relief, drowsiness, n	ausea, constipation, euphor	ia, confusion, slowed breathi	ng, death.
Long-term	Unknown.			
Other Health-related Issues	Pregnancy: Miscarriage, low birth weight, neonatal abstinence syndrome. Older adults: higher risk of accidental misuse or abuse because many older adults have multiple prescriptions, increasing the risk of drug-drug interactions, and breakdown of drugs slows with age; also, many older adults are treated with prescription medications for pain. Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
	Risk of HIV, hepatitis, and	d other infectious diseases fr	om shared needles.	
In Combination with Alcohol	•	d other infectious diseases fr art rate and breathing leadir		
	Dangerous slowing of he	art rate and breathing leadir I bone pain, insomnia, diarrh		:h goose
Alcohol Withdrawal Symptoms	Dangerous slowing of he Restlessness, muscle and bumps ("cold turkey"), le	art rate and breathing leadir I bone pain, insomnia, diarrh	ng to coma or death.	:h goose
Alcohol Withdrawal	Dangerous slowing of he Restlessness, muscle and bumps ("cold turkey"), le • Methadone	art rate and breathing leadir I bone pain, insomnia, diarrh g movements.	ng to coma or death.	:h goose
Alcohol Withdrawal Symptoms	Dangerous slowing of he Restlessness, muscle and bumps ("cold turkey"), le Methadone Buprenorphine	art rate and breathing leadir I bone pain, insomnia, diarrh g movements.	ng to coma or death.	h goose

Prescription Sedatives (Tranquilizers, Depressants)

Medications that slow brain activity, which makes them useful for treating anxiety and sleep problems. For more information, see the <u>Prescription Drug Abuse Research Report</u>.

Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule	
Barbs, Phennies, Red Birds, Reds, Tooies, Yellow Jackets, Yellows	Barbiturates: pentobarbital (Nembutal®), phenobarbital (Luminal®)	Pill, capsule, liquid	Swallowed, injected	II, III, IV	
Candy, Downers, Sleeping Pills, Tranks	Benzodiazepines: alprazolam (Xanax®), chlorodiazepoxide (Limbitrol®), diazepam (Valium®), lorazepam (Ativan®), triazolam (Halicon®)	Pill, capsule, liquid	Swallowed, snorted	IV	
Forget-me Pill, Mexican Valium, R2, Roche, Roofies, Roofinol, Rope, Rophies	Sleep Medications: eszopiclone (Lunesta®), zaleplon (Sonata®), zolpidem (Ambien®)	Pill, capsule, liquid	Swallowed, snorted	IV	
,	Po	ssible Health Effects	- 1		
Short-term	•	Drowsiness, slurred speech, poor concentration, confusion, dizziness, problems with movement and memory, lowered blood pressure, slowed breathing.			
Long-term	Unknown.				
Other Health-related Issues		Sleep medications are sometimes used as date rape drugs. Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Further slows heart rate	Further slows heart rate and breathing, which can lead to death.			
Withdrawal Symptoms	Must be discussed with a health care provider; barbiturate withdrawal can cause a serious abstinence syndrome that may even include seizures.				
		Freatment Options			
Medications			ddiction to prescription sedation help of a health care provide	•	
Behavioral Therapies	More research is needed prescription sedatives.	More research is needed to find out if behavioral therapies can be used to treat addiction to prescription sedatives.			

Prescription Stimulants

Medications that increase alertness, attention, energy, blood pressure, heart rate, and breathing rate. For more information, see the <u>Prescription Drug Abuse Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA
	(Common)			Schedule

Bennies, Black Beauties, Crosses, Hearts, LA Turnaround, Speed, Truck Drivers, Uppers	Amphetamine (Adderall®, Benzedrine®)	Tablet, capsule	Swallowed, snorted, smoked, injected	II	
JIF, MPH, R-ball, Skippy, The Smart Drug, Vitamin R	Methylphenidate (Concerta®, Ritalin®)	Liquid, tablet, chewable tablet, capsule	Swallowed, snorted, smoked, injected, chewed	II	
	Po	ossible Health Effects			
Short-term	Increased alertness, attention, energy; increased blood pressure and heart rate; narrowed blood vessels; increased blood sugar; opened-up breathing passages. High doses: dangerously high body temperature and irregular heartbeat; heart failure; seizures.				
Long-term	Heart problems, psychosis, anger, paranoia.				
Other Health-related Issues	Risk of HIV, hepatitis, and other infectious diseases from shared needles.				
In Combination with Alcohol	Masks the depressant action of alcohol, increasing risk of alcohol overdose; may increase blood pressure and jitters.				
Withdrawal Symptoms	Depression, tiredness, sleep problems.				
		Treatment Options			
Medications	There are no FDA-approv	ved medications to treat stin	nulant addiction.		
Behavioral Therapies	Behavioral therapies that have helped treat addiction to cocaine or methamphetamine may be useful in treating prescription stimulant addiction.				

Psilocybin

A hallucinogen in certain types of mushrooms that grow in parts of South America, Mexico, and the United States. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Little Smoke, Magic Mushrooms, Purple Passion, Shrooms	No commercial uses	Fresh or dried mushrooms with long, slender stems topped by caps with dark gills	Swallowed (eaten, brewed as tea, or added to other foods)	I

Possible Health Effects

Hallucinations, altered perception of time, inability to tell fantasy from reality, panic, muscle relaxation or weakness, problems with movement, enlarged pupils, nausea, vomiting, drowsiness.

Risk of flashbacks and memory problems.

Risk of poisoning if a poisonous mushroom is accidentally used.

May decrease the perceived effects of alcohol.

Unknown.

Treatment Options

It is not known whether psilocybin is addictive. There are no FDA-approved medications to treat addiction to psilocybin or other hallucinogens.

More research is needed to find out if psilocybin is addictive and whether behavioral therapies can be used to treat addiction to this or other hallucinogens.

Rohypnol® (Flunitrazepam)

A benzodiazepine chemically similar to prescription sedatives such as Valium® and Xanax®. Teens and young adults tend to abuse this drug at bars, nightclubs, concerts, and parties. It has been used to commit sexual assaults due to its ability to sedate and incapacitate unsuspecting victims.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA
				Schedule
Circles, Date Rape Drug, Forget Pill, Forget-Me Pill, La Rocha, Lunch Money, Mexican Valium, Mind Eraser, Pingus, R2, Reynolds, Rib, Roach, Roach 2, Roaches, Roachies, Roapies, Rochas Dos, Roofies, Rope, Rophies, Row-Shay, Ruffies, Trip-and-Fall, Wolfies	Flunitrazepam, Rohypnol®	Tablet	Swallowed (as a pill or as dissolved in a drink), snorted	IV Rohypnol® is not approved for medical use in the United States; it is available as a prescription
				sleep aid in other
				countries

	Possible Health Effects
Short-term	Drowsiness, sedation, sleep; amnesia, blackout; decreased anxiety; muscle relaxation, impaired reaction time and motor coordination; impaired mental functioning and judgment; confusion; aggression; excitability; slurred speech; headache; slowed breathing and heart rate.
Long-term	Unknown.
Other Health-related	Unknown.
Issues	
In Combination with	Severe sedation, unconsciousness, and slowed heart rate and breathing, which can lead to
Alcohol	death.
Withdrawal	Headache; muscle pain; extreme anxiety, tension, restlessness, confusion, irritability;
Symptoms	numbness and tingling of hands or feet; hallucinations, delirium, convulsions, seizures, or shock.

Treatment Options			
Medications	There are no FDA-approved medications to treat addiction to Rohypnol® or other prescription sedatives.		
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat addiction to Rohypnol® or other prescription sedatives.		

Salvia

A dissociative drug (*Salvia divinorum*) that is an herb in the mint family native to southern Mexico. Dissociative drugs are hallucinogens that cause the user to feel detached from reality. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Magic mint, Maria Pastora, Sally-D,	Sold legally in most states as Salvia	Fresh or dried leaves	Smoked, chewed, or brewed as tea	Not Scheduled
Shepherdess's Herb, Diviner's Sage	divinorum			(but labeled drug of
				concern by DEA and illegal
				in some states)

	Possible Health Effects			
Short-term	Short-lived but intense hallucinations; altered visual perception, mood, body sensations; mood swings, feelings of detachment from one's body; sweating.			
Long-term	Unknown.			
Other Health-related Issues	Unknown.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Unknown.			
	Treatment Options			
Medications	It is not known whether salvia is addictive. There are no FDA-approved medications to treat addiction to salvia or other dissociative drugs.			
Behavioral Therapies	More research is needed to find out if salvia is addictive, but behavioral therapies can be used to treat addiction to dissociative drugs.			

Steroids (Anabolic)

Man-made substances used to treat conditions caused by low levels of steroid hormones in the body and abused to enhance athletic and sexual performance and physical appearance. For more information, see the <u>Anabolic Steroid Abuse Research Report</u>.

Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule
Juice, Gym Candy, Pumpers, Roids	Nandrolone (Oxandrin®), oxandrolone (Anadrol®), oxymetholone (Winstrol®), stanozolol (Durabolin®), testosterone cypionate (Depo-testosterone®)	Tablet, capsule, liquid drops, gel, cream, patch, injectable solution	Injected, swallowed, applied to skin	III

Possible Health Effects				
Short-term	Headache, acne, fluid retention (especially in the hands and feet), oily skin, yellowing of the skin and whites of the eyes, infection at the injection site.			
Long-term	Kidney damage or failure; liver damage; high blood pressure, enlarged heart, or changes in cholesterol leading to increased risk of stroke or heart attack, even in young people; aggression; extreme mood swings; anger ("roid rage"); paranoid jealousy; extreme irritability; delusions; impaired judgment.			
Other Health-related Issues	Males: shrunken testicles, lowered sperm count, infertility, baldness, development of breasts, increased risk for prostate cancer.			
	Females: facial hair, male-pattern baldness, menstrual cycle changes, enlargement of the clitoris, deepened voice.			
	Adolescents: stunted growth.			
	Risk of HIV, hepatitis, and other infectious diseases from shared needles.			

In Combination with Alcohol	Increased risk of violent behavior.			
Withdrawal Symptoms	Mood swings; tiredness; restlessness; loss of appetite; insomnia; lowered sex drive; depression, sometimes leading to suicide attempts.			
Treatment Options				
Madiantiana				
Medications	Hormone therapy			

Synthetic Cannabinoids

A wide variety of herbal mixtures containing man-made cannabinoid chemicals related to THC in marijuana but often much stronger and more dangerous. Sometimes misleadingly called "synthetic marijuana" and marketed as a "natural," "safe," legal alternative to marijuana. For more information, see the Synthetic Cannabinoids DrugFacts.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA
			·	Schedule
K2, Spice, Black Mamba, Bliss, Bombay Blue, Fake Weed, Fire, Genie, Moon Rocks, Skunk, Smacked, Yucatan, Zohai	No commercial uses	Dried, shredded plant material that looks like potpourri and is sometimes sold as "incense"	Smoked, swallowed (brewed as tea)	I
	Po	ossible Health Effects		
Short-term	Increased heart rate; vomiting; agitation; confusion; hallucinations, anxiety, paranoia; increased blood pressure and reduced blood supply to the heart; heart attack.			
Long-term	Unknown.			
Other Health-related Issues	Use of synthetic cannabinoids has led to an increase in emergency room visits in certain areas.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Headaches, anxiety, depression, irritability.			
Treatment Options				
Medications	There are no FDA-approved medications to treat synthetic cannabinoid addiction.			
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat synthetic cannabinoid addiction.			

Synthetic Cathinones ("Bath Salts")

An emerging family of drugs containing one or more synthetic chemicals related to cathinone, a stimulant found naturally in the khat plant. Examples of such chemicals include mephedrone, methylone, and 3,4-methylenedioxypyrovalerone (MDPV). For more information, see the Synthetic Cathinones ("Bath Salts") DrugFacts.

Street Names	Commercial Names	Common Forms	Common Ways	DEA
			Taken	Schedule

Bloom, Cloud Nine,	No commercial uses	White or brown crystalline	Swallowed,	I
Cosmic Blast, Flakka,	for ingested "bath	powder sold in small plastic	snorted, injected	Some
Ivory Wave, Lunar	salts"	or foil packages labeled "not		formulations
Wave, Scarface, Vanilla		for human consumption" and		have been
Sky, White Lightning		sometimes sold as jewelry		banned by
		cleaner; tablet, capsule,		the DEA
		liquid		

Possible Health Effects				
Short-term	Increased heart rate and blood pressure; euphoria; increased sociability and sex drive; paranoia, agitation, and hallucinations; psychotic and violent behavior; nosebleeds; sweating; nausea, vomiting; insomnia; irritability; dizziness; depression; suicidal thoughts; panic attacks; reduced motor control; cloudy thinking.			
Long-term	Breakdown of skeletal muscle tissue; kidney failure; death.			
Other Health-related Issues	Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Depression, anxiety, problems sleeping, tremors, paranoia.			
Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to synthetic cathinones.			
Behavioral Therapies	Cognitive-behavioral therapy (CBT)			
	Contingency management, or motivational incentives			
	Motivational Enhancement Therapy (MET)			
	Behavioral treatments geared to teens			

Tobacco

Plant grown for its leaves, which are dried and fermented before use. For more information, see the Tobacco/Nicotine Research Report.

Tobacco/Nicotine Resea	arch Report.			
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
None	Multiple brand names	cigarettes, cigars, bidis, hookahs, smokeless tobacco (snuff, spit tobacco, chew)	Smoked, snorted, chewed, vaporized	Not Scheduled
	Po	ossible Health Effects	•	
Short-term	Increased blood pressure	e, breathing, and heart rate.		
Long-term	Greatly increased risk of cancer, especially lung cancer when smoked and oral cancers when chewed; chronic bronchitis; emphysema; heart disease; leukemia; cataracts; pneumonia.			
Other Health-related Issues	Pregnancy: miscarriage, low birth weight, premature delivery, stillbirth, learning and behavior problems.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Irritability, attention and sleep problems, increased appetite.			
		Treatment Options		
Medications	Bupropion (Zyba	n®)		
	Varenicline (Chantix®)			
	Nicotine replacement (gum, patch, lozenge)			
Behavioral Therapies	Cognitive-behav	ioral therapy (CBT)		
	Self-help materia	als		
	Mail, phone, and	Internet quit resources		